



Airbrush Tanning Care

***Please note these are general guidelines only.
Speak to your Spray Tan Technician for more details.***

Preparation

• Exfoliation is one of the most important factors in preparing your skin for a spray tan. Thoroughly exfoliate before your tan is to be applied. This is to remove dead skin and provide a smooth, new surface for your tan. Exfoliating helps to promote an even coverage and lengthens the duration of the tan. Make sure you pay particular attention to elbows, ankles, and knees.

• Shave or wax (to allow pores time to close) the night before your application.

• Remove make-up, moisturizer, perfume, and deodorant before your application as these can act as a barrier.

• Do not use highly moisturized soap.

• Do not have a spray tan if you are pregnant or breast feeding (as a precaution).

• It is recommended that you wear dark loose fitting clothing.

• Solution washes out of most clothing very easily but may stain nylon and lycra materials therefore dark colored underwear is recommended.

• Avoid having hand contact with skin as color develops, to prevent color from developing on palms or fingers.

Aftercare

• Leave your tan for at least 8 hours and overnight if possible, before showering or taking a bath. This allows your tan to develop.

• Avoid wearing socks or shoes after your tanning session as sweating can inhibit the development of your tan. Sandals are a good choice.

• Avoid applying moisturizers or deodorants until after your first shower or bath.

• Avoid wearing tight clothing for at least 5 hours, as these will cause the tan to rub off during the developing stage.

• All swimming, showering and vigorous exercise must be avoided for at least 7 hours as this can inhibit the development of your tan.

• Do not shave until 12 hours after your treatment.

• Do not sit on light colored fabrics until you have showered or have taken a bath.

Remember - When you take a shower or a bath you will see the color guide wash off that was used when the tan was applied. Pat dry, do not rub your skin, and you will be left with a gorgeous tan.

Maintaining Your Tan

It is recommended you follow these general guidelines to maintain your tan:

• Moisturize daily to extend the tan (use oil-free moisturizer).

• Avoid long hot baths and showers as this speeds up exfoliation, which will fade the tan.

• Pat your skin dry after a bath or shower.

• Avoid swimming pools or salt water, as these can reduce your tan.

• Remember that the tan does not have any SPF factor, so wear sun protection as usual.